

Local Events Calendar 2004 & 2005

Date	Event	Venue	Organizer	E-mail	Enquiry
18-九月-04	AVOHK 5K Open Series #1	Bowen Road	AVOHK	enquiry@avohk.org spurves@rehabociety.org	98873325
19-九月-04	Ladies, Lads and Lassies Race	The Peak	HKLRRRC	g.hk	97765569
19-九月-04	HK Road Race Walking Championships	Sha Tin	HKAAA	hkaaa@hksdb.org.hk	25048215
26-九月-04	Watsons Cross Country Championships	Hok Tau	HKAAA	hkaaa@hksdb.org.hk	25048215
Sept 2004	TWAC Evening Race(10K)		TWAC		90198327
3-十月-04	Lok Wah Cup 10K Race	Sha Tin	LWRC		27190120
9-十月-04	Watsons Water HK Age Group Athletic Meet	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
9-十月-04	AVOHK 5K Open Series #2		AVOHK	enquiry@avohk.org	98873325
23-24 Oct 2004	Watsons Water Athletic King Championships-Final	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
30-十月-04	AVOHK 5K Open Series #3		AVOHK	enquiry@avohk.org	98873325
31-十月-04	Watsons Cross Country Relay	Tai Tong	HKAAA	hkaaa@hksdb.org.hk	25048215
31-十月-04	SCAA Inter-school Athletic Meet	Wanchai SpG	SCAA	johnchan@scaa.org.hk	25776932
	Super RRAC Half-Marathon Relay	Sha Tin	RRAC	rrac_runner@sinaman.com	92887477
6-十一月-04	HKDRC Predicted Time Run 2004	Tai Mei Tuk	HKDRC	enquiry@hkdc.org	95259343
7-十一月-04	FILA 27th Hong Kong Half-Marathon	Tai Mei Tuk	HKDRC	enquiry@hkdc.org	95259343
7-十一月-04	SCAA Inter-school Athletic Meet	Wanchai SpG	SCAA	johnchan@scaa.org.hk	25776932
19-十一月-04	Gold Coast 15K 2004		HKMP	hkmp262@sinatown.com	81048500
21-十一月-04	Nike HK 10K Challenge		HKAAA	hkaaa@hksdb.org.hk	25048215
27-28/11/2004	Watsons Water HK Age Group Athletic Meet	Siu Sai Wan SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
28-十一月-04	Reservoir Race #1	Tai Tam	AVOHK	enquiry@avohk.org	98873325
12-十二月-04	HK Open Athletic Meet	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
12-十二月-04	Hong Kong Race Walking Competition 2004-Race 3	Shing Mum Valley SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
19-十二月-04	Southern District Beach Run (5K)	Repulse Bay	SDH	www.sdhhk.org	2555 1014
19-十二月-04	Reebok 15km Hong Kong Challenge	Sai Kung	HKAAA	hkaaa@hksdb.org.hk	25048215
26-十二月-04	Boxing Day Race	Wanchai SpG	HKLRRRC	enquiry@hklrrc.org	29049247
2-一月-05	Hong Kong 30Km Pre-Marathon		HKMP	hkmp262@sinatown.com	81048500

9-一月-05	adidas King of the Road Watsons Water HK Age Group		HKAAA	hkaaa@hksdb.org.hk	25048215
15-16 Jan 2005	Athletic Championships	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
16-一月-05	Reservoir Cup-2 Mizuno HK Half-Marathon	Ho Pui	AVOHK	enquiry@avohk.org	98873325
23-一月-05	Championships	Tai Mei Tuk	HKAAA	hkaaa@hksdb.org.hk	25048215
30-一月-05	China Coast Marathon Watsons Water Athletic King	Pak Tam Chung	AVOHK	enquiry@avohk.org	98873325
5-二月-05	Championships-R1	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
11-二月-05	Fat Choy Race Standard Chartered Hong Kong	The Peak	HKLRRC	enquiry@hklrrc.org	29049247
20/27 Feb 2005	Marathon	HK,KLN,NT	HKAAA	hkaaa@hksdb.org.hk	25048215
20-二月-05	Reservoir Race #3		AVOHK	enquiry@avohk.org	98873325
13-三月-05	Reservoir Race #4	Ho Pui	AVOHK	enquiry@avohk.org	98873326
13-一月-00	Perskindol Shatin 10K Riverside Watsons Water HK Age Group	Sha Tin	HKMP	hkmp262@sinatown.com	81048500
19-20 Jan 2005	Athletic Meet & Open Meet	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
	FILA 29th Hong Kong Mount Butler Race	Wong Nai Chung Tai Tam	HKDRC	enquiry@hkdrcc.org	95259343
3-四月-05	Round the Island Time Trial Watsons Water Athletic King	Reservoir	AVOHK	enquiry@avohk.org	98873326
17-18 Apr 2005	Championships-R2	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
18-四月-05	Reservoir Cup-4 F.O.S. IAAF World Athletic	Ho Pui	AVOHK	enquiry@avohk.org	98873326
8-五月-05	Day & Open Meet	Siu Sai Wan SpG	HKAAA	hkaaa@hksdb.org.hk rrac_runner@sinaman.com	25048215
TBC	RRAC Summer Run Watsons Water Athletic King	Ma On Shan	RRAC	m	92887477
4-六月-05	Championships-R3	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
19-26 June 2005	Olympic Day Run HK Summer Invitational	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
8-七月-05	Athletic Meet Sahn Hahng Tai Bo Race	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk shtb_walk@yahoo.com.hk	25048215
Aug 2005	Walking Competition		SHTB	k	90463255
Aug 2005	South District X-C Race(5K) HK Road Race Walking	Repulse Bay	SDH	scsin@fehd.gov.hk	25549778
18-九月-05	Championships	Sha Tin	HKAAA	hkaaa@hksdb.org.hk	25048215
25-九月-05	Watsons Cross Country Championships	Hok Tau	HKAAA	hkaaa@hksdb.org.hk	25048215
Sept 2005	AVOHK 5K Open Series	Bowen Road	AVOHK	enquiry@avohk.org	98873325
Sept 2005	Ladies, Lads and Lassies Race TSC Cup-Team Invitation	The Peak	HKLRRC	enquiry@hklrrc.org	29049247
Sept 2005	Race(9.5K)	Pak Tam Chung	TSC		98766713

Sept 2005	TWAC Evening Race(10K)		TWAC		90198327
1-十月-05	Watsons Water Athletic King Championships-Final	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
15-16 Oct 2005	Watsons Water HK Age Group Athletic Meet	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
30-十月-05	Watsons Cross Country Relay	Tai Tong	HKAAA	hkaaa@hksdb.org.hk	25048215
Oct 2005	AVOHK 5K Open Series	Wanchai SpG	AVOHK	enquiry@avohk.org	98873325
Oct 2005	Lok Wah Cup 10K Race	Sha Tin	LWRC		27190120
Oct 2005	Super RRAC Half-Marathon Relay	Sha Tin	RRAC	rrac_runner@sinaman.com	92887477
5-十一月-05	Watsons Water HK Age Group Athletic Meet	Wanchai SpG	HKAAA	hkaaa@hksdb.org.hk	25048215
20-十一月-05	Nike HK 10K Challenge		HKAAA	hkaaa@hksdb.org.hk	25048215
Nov 2005	SCAA Inter-school Athletic Meet	Wanchai SpG	SCAA	johnchan@scaa.org.hk	25776932
Nov 2005	HKDRC Predicted Time Run 2004	Tai Mei Tuk	HKDRC	enquiry@hkdc.org	95259343
Nov 2005	FILA 28th Hong Kong Half-Marathon	Tai Mei Tuk	HKDRC	enquiry@hkdc.org	95259343
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Dec 2005	SCAA Inter-school Athletic Meet	Wanchai SpG	SCAA	johnchan@scaa.org.hk	25776932
Dec 2005	Reservoir Cup Series-1	Ho Pui	AVOHK	enquiry@avohk.org	98873325